



# **OSGOODE RICHMOND ROMANS HOCKEY**

Parent Information 2023-24 Season

# Tryouts



- **\*\*\*Be sure to have your practice jersey at all evaluations\*\*\***
- If purchasing a new jersey, they will be available for pick up at first tryout session
- Minimum of 3 tryout sessions
- Only final releases will be in person, all other releases will be posted to website

# Head Coaches 2022-2023



- **U10** – Jason Moore
- **U11** – Stephen Wilson
- **U12** – Cameron Best
- **U13** – Paul Kelly
- **U14** – Ron Dunse
- **U15** – Ryan Jollicoeur
- **U16** – Joe Barresi
- **U18** – Keith Warnock

# Cost to Play Romans Competitive Hockey

- Checking clinic \$40 (for U14 and players new to contact only)
- Conditioning Ice/Pathways and tryouts \$195
- Tryouts only \$135
- Jersey \$50
- Romans association fees (due at regular season start date)
  - U10 to U11 - \$1300
  - U12-U13 - \$1325
  - U14 to U18 - \$1400



# Romans Competitive Season Schedule



- Optional condition clinics 3-4 hours, end of August – early September
- Contact clinics for U14 and any player U15-U18 who has not previously played contact, (Aug. 31<sup>st</sup> and Sept. 7<sup>th</sup>)
- Tryouts start
  - Early September U12-U15
  - Mid September U10-U11
  - Late September U16-U18
- Regular season start dates
  - U12-U15 - Oct 2<sup>nd</sup>
  - U16/U18 - Oct. 13<sup>th</sup>
  - U10/U11 - Oct 20<sup>th</sup>
- Regular season ends February 1<sup>st</sup> 2024

# Romans Competitive Season Schedule



- Christmas/holiday break: Dec 22<sup>nd</sup> – Jan 2<sup>nd</sup> (6pm)
- March break: March 8<sup>th</sup> – 17<sup>th</sup> (6pm)
- Playoffs
  - Round 1: February 2<sup>nd</sup> to February 17<sup>th</sup>
  - Round 2: February 18<sup>th</sup> to March 2<sup>nd</sup>
  - Round 3 – March 3<sup>rd</sup> to March 28<sup>th</sup>
- Tournament of Champions (U11, U13 & U15)
  - TBD

# Romans Competitive U10/11 Pathways



- U10/U11 – mandated by Hockey Canada
  - Phase 1: Preparation/Tryout
    - Start after Labour Day - 4 hours conditioning + minimum 3 tryout sessions
  - Phase 2: Development
    - 8 Practices prior to league play
    - Tournaments and/or exhibition games allowed
  - Phase 3: Regular Season
    - 20 regular season games and ~20 practices
  - Phase 4: Playoffs
    - Up to 8 games – tournament style
    - ~ 1 practice/week
  - \*\*Maximum of 45 games in the season\*\*



# Equipment & Uniforms

- Players are provided with:
  - Team Jerseys (to be returned)
  - Home and Away Socks (to keep)
  - Name Bars - **Sew onto jerseys, do not glue on**
- Off Ice Uniform (Game Day)
  - U10 to U13 - Romans tracksuit
  - U14 to U18 - Usually shirt, tie and dress pants (Coach will advise)
- Romans gear can be purchased from Pro2col, Gadar or supplier of the teams choosing
- There will be no gear day this season



# Team Volunteers



- Assistant coaches
- Trainer
- Manager
- Treasurer
- Penalty Box Attendants
- Videographer
- Fundraising and social coordinators

# League Games



- Regular Season
  - 20 x 50 min games – U10/U11
  - 30 x 50 min games – U12/U13
  - 30 x 80 min games – U14-U16
  - 26 x 80 min games – U18
- Latest game start time
  - 8:00pm – U10-U12
  - 8:30pm – U13-U14
  - 9:00pm – U15-U18

# Romans Executive 2022-2023



- **President** – Martin Bouchard
- **Vice President** – Scott Parrington
- **Technical Director** – Brad Bignucolo
- **Treasurer** – Ken Gibson
- **Secretary/Hockey Operations Administrator** – Lisa Walrond
- **Equipment Manager** – Matt Klassen
- **Risk & Safety Officer** – Andy Castellarin
- **Ice Scheduler** – Shawna King
- **Registrar** – Kim Moore
- **Director at Large** – Doug Wolfe
- **Webmaster** – John Kean

# League Information



- Ottawa B League
  - <https://ottawableague.pointstreaksites.com/view/ottawableague>
- Participating Clubs
  - <https://ottawableague.pointstreaksites.com/view/ottawableague/latest-news-10/participating-club-links>

