



# **OSGOODE RICHMOND ROMANS HOCKEY**

Parent Information 2022-23 Season

# Tryouts



- **New this year**
  - **\*\*\*Be sure to have your practice jersey at all evaluations\*\*\***
- If purchasing a new jersey, they will be available for pick up at first tryout session
- Minimum of 3 tryout sessions
- Only final releases will be in person, all other releases will be posted to website

# Head Coaches 2022-2023



- **U10** – Stephen Wilson
- **U11** – Cameron Best
- **U12** – Ryan Dunwoodie
- **U13** – Ron Dunse
- **U14** – Ryan Jolicoeur
- **U15** – Doug Allen
- **U16** – Keith Warnock
- **U18** – Chris Dumais

# Romans Executive 2022-2023



- **President** – Matt Klassen
- **Vice President** – Martin Bouchard
- **Technical Director** – Brad Bignucolo
- **Treasurer** – Ken Gibson
- **Secretary/Hockey Operations Administrator** – Lisa Walrond
- **Equipment Manager** – TBD
- **Risk & Safety Officer** – Andy Castellarin
- **Ice Scheduler** – Nicole Amadio
- **Registrar** – Kim Moore
- **Director at Large** – Scott Parrington
- **Webmaster** – John Kean

# Cost to Play Romans Competitive Hockey

- Checking clinic \$40 (for U14 and players new to contact only)
- Conditioning Ice/Pathways \$60
- Tryouts \$120
- Jersey \$50
- Romans association fees
  - U10 to U13 - \$1300
  - U14 to U18 - \$1375



# Romans Competitive Season Schedule



- Optional condition clinics 3-4 hours, end of August – early September
- Contact clinic for U14 and any player U15-U18 who has not previously played contact, September 7<sup>th</sup>, 2022
- Tryouts start
  - Early September U12-U15
  - Mid September U10-U11
  - Late September U16-U18
- Regular season start dates
  - U12-U15 - Oct 3<sup>rd</sup>
  - U16/U18 - Oct. 14<sup>th</sup>
  - U10/U11 - Oct 21<sup>st</sup>
- Regular season ends February 2<sup>nd</sup> 2023

# Romans Competitive Season Schedule



- Christmas/holiday break: Dec 23<sup>rd</sup> – Jan 2<sup>nd</sup> (6pm)
- March break: March 10<sup>th</sup> – 19<sup>th</sup> (6pm)
- Playoffs
  - Round 1: February 4<sup>th</sup> to February 18<sup>th</sup>
  - Round 2: February 19<sup>th</sup> to March 4<sup>th</sup>
  - Round 3 – March 4<sup>th</sup> to March 24<sup>th</sup>
- Tournament of Champions
  - March 24-26th

# Romans Competitive U10/11 Pathways



- U10/U11 – mandated by Hockey Canada
  - Phase 1: Preparation/Tryout
    - Start after Labour Day - 4 hours conditioning + minimum 3 tryout sessions
  - Phase 2: Development
    - 8 Practices prior to league play
    - Tournaments and/or exhibition games allowed
  - Phase 3: Regular Season
    - 20 regular season games and ~20 practices
  - Phase 4: Playoffs
    - Up to 8 games – tournament style
    - ~ 1 practice/week
  - \*\*Maximum of 45 games in the season\*\*





# Equipment & Uniforms

- Players are provided with:
  - Team Jerseys (to be returned)
  - Home and Away Socks (to keep)
  - Name Bars - **Sew onto jerseys, do not glue on**
- Off Ice Uniform (Game Day)
  - U10 to U13 - Romans tracksuit
  - U14 to U18 - Usually shirt, tie and dress pants (Coach will advise)
- Romans gear can be purchased from Pro2col, Gadar or supplier of the teams choosing
- There will be no gear day this season

# Team Volunteers



- Assistant coaches
- Trainer
- Manager
- Treasurer
- Penalty Box Attendants
- Videographer
- Fundraising and social coordinators

# League Games



- Regular Season
  - 20 x 50 min games – U10/U11
  - 30 x 50 min games – U12/U13
  - 30 x 80 min games – U14-U16
  - 26 x 80 min games – U18
- Latest game start time
  - 8:00pm – U10-U12
  - 8:30pm – U13-U14
  - 9:00pm – U15-U18

# League Information

- Ottawa B League
  - <https://ottawableague.pointstreaksites.com/view/ottawableague>
- Participating Clubs
  - <https://ottawableague.pointstreaksites.com/view/ottawableague/latest-news-10/participating-club-links>

